

Statement of Professional Disclosure

I am grateful for the opportunity to join you in your counseling journey. I have an ethical responsibility to provide you with information concerning my professional credentials. I am a graduate of Oral Roberts University in Tulsa, OK, with Master's degree in Christian Counseling. As an LPC-Candidate, I am supervised by the following licensed professional:

Dr. Jennifer Cox, LPC
3917 E. Memorial Rd. Suite A
Edmond, OK 73013
(405)-562-3417
drcox@drjennifercox.com

If you have any questions or concerns, you are welcome to contact my supervisor, as listed above.

My goal is to assist you in overcoming whatever issues concern you, whether grief, trauma, anxiety, depression, or relationship difficulties. Through our therapeutic relationship, I will use various counseling techniques to facilitate growth, as well as challenge and encourage you on your road to well-being. I believe in a collaborative and individualized approach to counseling that prioritizes an empathic, genuine, and nonjudgmental environment. I believe that you are the expert on your life, and I will tailor treatment to your needs using a variety of evidence-based interventions.

Confidentiality is crucial to our therapeutic relationship, and what you share with me will be kept private. However, there are some limitations to confidentiality including: written consent by the client to release records, as required by law or a court order, or in cases of harm to yourself or others. Furthermore, as a LPC-Candidate, I will consult with my supervisor and peers, and will sometimes need to record sessions for the purpose of supervision. In these cases, my supervisor and colleagues have the same obligation that I do to keep your information confidential. However, I will receive your consent prior to recording your sessions, and you may withdraw your consent to be recorded at any time.

For your confidentiality and privacy, I do not accept friend requests on social media. Messages sent via social media are not guaranteed to be read or replied to. While you may contact me via email, please limit the contents of your e-mail to basic issues such as cancellation or change in contact information, unless you set up an account via therapyappointment.com, which is encrypted and HIPAA compliant. I will not respond to personal or clinical concerns via non-HIPAA compliant e-mail or text. If you call your therapist, please be aware that unless you are both on landline phones, the conversation is not confidential. Likewise, text messages are not confidential, unless you text via the HIPAA compliant OhMD app. Please take note that I cannot guarantee confidentiality if you choose to email from your personal account or call or text from a cellular phone. Please note that I may not reply to emails or messages outside of office hours; I will do my best to respond within 24 hours.

I look forward to working with you.



Melinda "Mindy" Rhoades, LPC-Candidate

The above-signed candidate has satisfactorily provided me with information regarding her professional credential and has given me a copy of this disclosure statement.

Client Signature:

Date: